

sticky marriage

- sticking
- stuck
- stopped

Marriage Enrichment

To make our marriage stick we...

1. **Cultivate our commitment.**
value constraint commitment in our marriage
2. **Cultivate our commitment.**
make choices that build our dedication commitment
3. **Determine our family's rallying cry.**
clarify what makes our family unique
4. **Respond to bids for connection.**
distinguish between turning away, against and toward
5. **Find the power to keep loving.**
the gospel keeps us connected to Christ and each other



**Find the power to keep on loving...
the gospel keeps us connected to Christ and to each other**

agape

1 Corinthians 13

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- ←Love never gives up.→
 - ←Love cares more for others than for self.→
 - ←Love doesn't want what it doesn't have.→
 - ←Love doesn't strut,→
 - ←Doesn't have a swelled head,→
 - ←Doesn't force itself on others,→
 - ←Isn't always "me first,"→
 - ←Doesn't fly off the handle,→
 - ←Doesn't keep score of the sins of others,→
 - ←Doesn't revel when others grovel,→
 - ←Takes pleasure in the flowering of truth,→
 - ←Puts up with anything,→
 - ←Trusts God always,→
 - ←Always looks for the best,→
 - ←Never looks back,→
 - ←But keeps going to the end.→
 - ←Love never dies.→

(The Message)

Ephesians 3:14-19

“For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith.

And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. “

Summary:

Revelation 2:1-5

To the angel of the church in Ephesus write:

These are the words of him who holds the seven stars in his right hand and walks among the seven golden lampstands: I know your deeds, your hard work and your perseverance. I know that you cannot tolerate wicked men, that you have tested those who claim to be apostles but are not, and have found them false. You have persevered and have endured hardships for my name, and have not grown weary.

Yet I hold this against you: You have forsaken your first love. Remember the height from which you have fallen! Repent and do the things you did at first.



Privately, recall 5 _____ from your dating years.

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-
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One simple thing _____ to make our marriage sticky:



Our Plan

What actions will we commit to doing by next week to...

1. Remember what Christ has done for us:
(see the 1 Corinthians 13 activity, left side)
2. Practice agape love
(see the 1 Corinthians 13 activity, right side)
3. Do the things we committed to:--